

Kali Terminology

Strikes:

Latik- slashing strike

Witik- wrist motion strike

Florete- small circle using wrist

Redondo- big circle using arm

Abaniko- Fan (multiple witiks)

Angles:

Lawin- horizontal witiks

Adlaw- one angle (rays of the sun)

Bulan- two angles (rays of the moon)

Terms:

Abecedario- ABC's (simple drills) -pronounced A-bee-cee-dario

Sinawali- to weave (Heavens)

Espada- sword

Daga- dagger

Espada Y Daga- sword & knife

Baston- stick

Punyo- butt end of stick

Contra- to meet

Sequida- to follow

Sumbrada- to shadow

Entrada- enter

Retriada- retreat

Pantanukan- boxing

Pananjakman- kicking

Gunting- scissor

Ranges:

Largo- long

Medio- medium

Corto- close

Buno- grappling, lock

