

IMPACT

MARTIAL ARTS & FITNESS

PTO KARATE PROGRAM – SPRING 2024

IMPACT is happy to be working with your PTO to offer a Spring Karate Program. Our unique Youth Development Program focuses on influencing a child's overall attitude, behavior, and character.

Our program will focus on the following areas:

- Character Development
- Positive Attitude
- Safety & Awareness
- How to deal with Bullying
- Improved Concentration
- Academic Excellence
- Well-mannered Social Skills
- Fitness & Nutrition
- Positive peer pressure
- Respecting self and others

WHO CAN PARTICIPATE? ALL STUDENTS, SIBLINGS AGES 3 & UP, PARENTS & STAFF. We also have a very popular adult martial arts program that is perfect for all ranges of fitness and abilities.

We offer classes 6 days a week for your convenience. For the best results in our program, please pick 2 classes a week that will best fit your families' schedule.

CLASSES MAY BEGIN ANY WEEK FROM MAR. 4th – MAR. 25th

DAY:	MON	TUES	WED	THUR	FRI	SAT
3- 6 yr olds	4:15PM	5:30PM	4:15PM	5:30PM	4:30PM	10:30AM
7 -12 yr olds	5:30PM	5:45PM	5:30PM	5:45PM	5:30PM	10:45AM
Teens/Adults	5:30PM	7:00PM	5:30PM	7:00PM	5:30PM	11:15AM

We know families have busy schedules, so you may start your 4 weeks of classes **any week starting** the week of March 4th through and including the week of March 25th. Pick whichever week and any day of that week to start. Your 4 weeks will start with your first class. Your classes will be 2 times a week for 4 weeks.

COST OF SESSIONS: Impact Martial Arts will be donating the uniform and belt.
\$50.00 - CHECKS PAYABLE TO: Impact Martial Arts or pay online

REGISTRATION: Please go to: <https://www.teamfeidt.com/school-reg>
 You may pay online during your registration or drop off a check (Impact Martial Arts) or cash to the Dojo located at 8075 Oswego Rd. Liverpool, after 3pm Monday through Friday.



If you have questions regarding registration, call **315-622-KICK** or contact us at info@teamfeidt.com.

We look forward to working with you!

